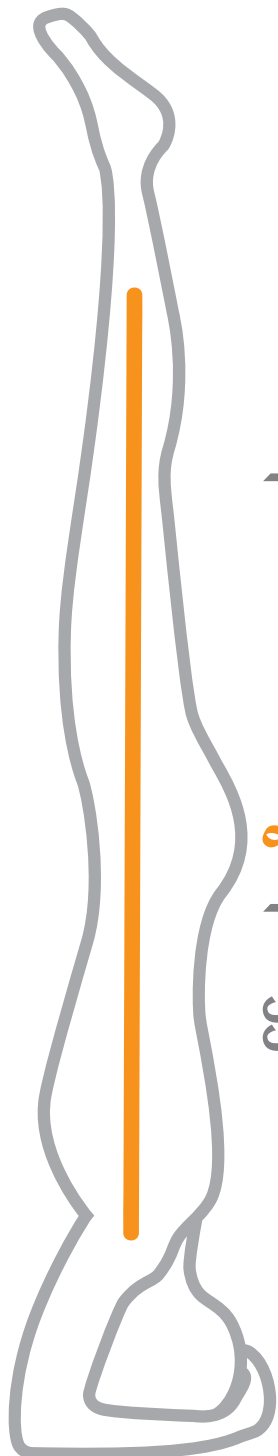


IYAC/ACYI AGM and Conference

Kelowna, BC ~ October 19-22, 2017



effort & surrender
effort et lâcher prise

Schedule of events:

Thursday Oct 19, 2017

11.30am - 2.00pm: Registration

2.00pm - 2.15pm: Welcome and announcements

2.15pm - 2.30pm: Dance for Patanjali: Bharata Natyam dance

2.30pm - 5.00pm: Jet lag practice and Pranayama

5.00pm - 6.15pm: Meet and Greet, Finger Food

6.30pm - 8.00pm: Pre AGM

Friday Oct 20, 2017

7.00am - 8.30am: Light Breakfast

9.00am - 11.45am: Asana

12.00pm - 1.15pm: Lunch

1.30pm - 4.00pm: AGM

* Optional evening event

Saturday Oct 21, 2017

7.00am - 8.30am: Light Breakfast

9.00am - 11.45am: Asana

12.00pm - 1:15pm: Lunch

1.30pm - 3.00pm: Sutra Study and Chanting

3.30pm - 5.30pm: Pranayama

Sunday Oct 22, 2017

7.00am - 8.30am: Light Breakfast

9.00am - 11.45am: Pranayama and Asana

12.00pm - 12.30pm: Goodbye and pick up Lunch

To register please visit:

www.iyengaryogacanada.com